

ADVISORY NEIGHBORHOOD COMMISSION 3C GOVERNMENT OF THE DISTRICT OF COLUMBIA

CATHEDRAL HEIGHTS • CLEVELAND PARK MASSACHUSETTS AVENUE HEIGHTS McLEAN GARDENS • WOODLEY PARK

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P.O. Box 4966 Washington, DC 20008 Website http://www.anc3c.org Email all@anc3c.org

ANC3C Resolution 2022-CONSENT Regarding the Installation of Protective Bridge Barriers on William Howard Taft Bridge and Connecticut Avenue Bridge (also known as Klingle Valley Bridge)

Whereas according to data from the Centers for Disease Control and Prevention (CDC), in 2020, suicide was the 12th leading cause of death for all ages in the United States, a drop from the 10th leading cause in 2019 due to the emergence of COVID-19 deaths. As the second leading cause of death in people aged 10-34 and the fifth leading cause in people aged 35-54, suicide is a major contributor to premature mortality¹;

Whereas one of the most effective methods of preventing suicide is to give suicidal individuals and those who care for them something they desperately need: time. This includes time for the suicidal risk to diminish, time for the intense suicidal impulse to pass, or time for someone to intervene with mental health support and resources²;

Whereas barrier installation is a proven method of increasing this crucial time for individuals at risk for suicide by jumping. Barriers can be fashioned to areas of significant height that may pose a risk for a suicide attempt, such as bridges, cell towers, and parking garages. These barriers act as a delay and deterrent to an individual at risk, providing more time to get through the intense, often brief, moment of suicide crisis²;

Whereas an eight-foot-high antisuicide fence was installed on the Duke Ellington Bridge in 1986 resulting in a decrease in suicides³;

Whereas there was a plan to install antisuicide fencing on the William Howard Taft Bridge around 1986 that was delayed and subsequently abandoned;

¹ Suicide Mortality in the United States, 2000-2020 Matthew F. Garnett, M.P.H., Sally C. Curtin, M.A., and Deborah M. Stone, Sc.D. Retrieved from https://www.cdc.gov/nchs/data/databriefs/db433.pdf.

² Means reduction saves lives. (2019). Means Matter. Retrieved from https://www.hsph.harvard.edu/means-matter/means-matter/saves-lives/.

³ DUKE ELLINGTON BRIDGE SUICIDES DECLINE SINCE INSTALLATION OF FENCE, Linda Wheeler, March 23, 1987 https://www.washingtonpost.com/archive/local/1987/03/23/duke-ellington-bridge-suicides-decline-since-installation-of-fence/5bcf5c70-230a-466b-8c60-09b3edc4e090/

Whereas the DC Office of the Chief Medical Examiner (OCME) investigated a total of 26 suicide deaths that involved a decedent jumping from a bridge, from January 1, 2010, to June 1, 2022. Of those 26, fifteen deaths occurred at the William Howard Taft and Duke Ellington Bridges⁴;

Whereas one of the main reasons cited for opposition to a bridge barrier is a common misconception: that if an individual in crisis cannot access one method of suicide, such as a bridge, they will find another location or means. This misconception is known as the "method substitution effect" and does not match current evidence of suicidal behavior⁵. General research has found that individuals thwarted in utilizing a preferred method of suicide do not seek alternative methods. Reisch *et al.* (2007) found that 62% of individuals would not choose another place to jump from after being deterred by a barrier⁶; therefore, be it

Resolved, that ANC 3C urges the Government of the District of Columbia to install protective bridge barriers on the William Howard Taft Bridge and Connecticut Avenue Bridge (also known as the Klingle Valley Bridge); and

Be it further resolved, that ANC 3C urges all relevant offices within the Government of the District of Columbia—including but not limited to the Mayor, DC Council, Attorney General, Department of Health, and Department of Transportation—continuously communicate to the general public that mental health services are available within the District of Columbia regardless of one's place of residence or citizenship, legal status of citizenship, race, age, ethnicity, income, gender identity, or religious credence or lack thereof; and

Be it further resolved, that ANC 3C urges DC Government to provide financial and logistical support to community organizations willing and able to provide safe travel to and from mental health service provider premises for individuals attempting to attain mental health services; and

Be it further resolved, that ANC 3C urges DC Council and the Mayor express support for H.R. 792⁷, the Barriers to Suicide Act of 2021, in order to establish a grant program to facilitate the installation, on bridges, of evidence-based suicide deterrents, including suicide prevention nets and barriers, and for other purposes throughout the United States of America.

Be it resolved, that the Commission authorizes the Chair and the Commissioner for 3C03 to represent the Commission on this matter.

Attested by

Bear Filey

⁴ GOVERNMENT OF THE DISTRICT OF COLUMBIA OFFICE OF THE CHIEF MEDICAL EXAMINER, 401 E Street, SW - 6th Floor Washington, DC 20024. Bridge-related Suicide Deaths: January 1, 2010 to June 1, 2022. Report Date: June 14, 2022

⁵ Daigle, M.S. (2005). Suicide prevention through means restriction: Assessing the risk of substitution. A critical review and synthesis. Accident Analysis and Prevention 37(4): 625-632. Retrieved from https://doi.org/10.1016/j.aap.2005.03.004.

⁶ Reisch, T., Schuster, U. & Michel, K. (2007). Suicide by jumping and accessibility of bridges: Results from a national survey in Switzerland. Suicide and Life-Threatening Behavior, 37(6), 681-687. Retrieved from https://doi.org/10.1521/suli.2007.37.6.681.

⁷ Bill text accessed at https://www.congress.gov/117/bills/hr792/BILLS-117hr792ih.pdf

Beau Finley Chair, on June 22, 2022

This resolution was approved by voice vote on June 22, 2022, at a scheduled and noticed public meeting of ANC 3C at which a quorum (a minimum of 5 of 9 commissioners) was present.