



**ADVISORY NEIGHBORHOOD COMMISSION 3C**  
**GOVERNMENT OF THE DISTRICT OF COLUMBIA**

*CATHEDRAL HEIGHTS • CLEVELAND PARK*  
*MASSACHUSETTS AVENUE HEIGHTS*  
*McLEAN GARDENS • WOODLEY PARK*

*Single Member District Commissioners*

01-Lee Brian Reba; 02-Jason Fink; 03-Janell Pagats  
04-Beau Finley; 05-Sauleh Siddiqui; 06-Adam Hoyt  
07- Maureen Kinlan Boucher; 08-Vicki Gersten; 09-Nancy MacWood

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**ANC3C Resolution 2022-CONSENT**  
**In Support of a Senior Wellness Center in Ward 3**

Whereas social isolation is a problem for older adults that affects both physical and mental health and is linked to quicker cognitive decline;

Whereas more than half of DC's older adults (age 60 and over) live alone, running a greater risk of social isolation [DC Policy Center, *A Portrait of DC's Older Adults*, 2018];

Whereas Senior Wellness Centers are a significant element in the District's strategy for addressing social isolation among older adults;

Whereas the Department of Aging and Community Living operates Senior Wellness Centers in Wards 1, 4, 5, 6, 7 and 8 while sponsoring dispersed wellness activities for Wards 2 and 3 in libraries, recreation centers, and online through AroundTownDC;

Whereas AroundTownDC, while offering quality programs, does not provide a physical gathering space for seniors;

Whereas, in Ward 3, the University of the District of Columbia hosts the Institute of Gerontology, the mission of which is to help preserve the independence of District of Columbia residents, and to support low-income and disabled people 60 years old and above, with high-quality and compassionate volunteer service, through Senior Companion and Respite Aide programs to enhance their quality of life through health, wellness, and fitness; to live longer and more productive lives, and to improve cognitive ability;

Whereas a Senior Wellness Center has a permanent staff that can observe changes in the health of seniors;

Whereas a Senior Wellness Center provides opportunities for other programs and organizations serving seniors to co-locate;

Whereas Ward 3 has a high concentration of seniors, with about 17% of the Ward 3 population age 65 and over compared to about 12% District-wide [*Census data*];

BE IT THEREFORE RESOLVED that ANC 3C urges the Department of Aging and Community Living to fund an Options and Visioning Study (study) for a Senior Wellness Center in Ward 3 as a first step to planning for a Ward 3 Senior Wellness Center;

BE IT RESOLVED that ANC 3C requests that the study should consider whether other unmet needs in Ward 3 might be addressed in the same facility;

BE IT RESOLVED that ANC 3C requests that the study consider the involvement of and possible co-location with the Institute of Gerontology at the University of the District of Columbia;

BE IT RESOLVED that ANC 3C requests that the Council fund an Options and Visioning Study for a Senior Wellness Center in Ward 3;

BE IT RESOLVED that ANC 3C requests the establishment of a Senior Wellness Center centrally located in Ward 3, accessible by Metrorail and Metrobus; and

BE IT FURTHER RESOLVED that the Chair, Commissioner for 3C01, 3C02, 3C04, or their designees are authorized to represent the Commission regarding this resolution.

**Attested by**

A handwritten signature in cursive script that reads "Beau Finley". The signature is written in black ink on a white background.

Beau Finley  
Chair, on January 19, 2022

*This resolution was approved by voice vote on January 19, 2022, at a scheduled and noticed public meeting of ANC 3C at which a quorum (a minimum of 5 of 9 commissioners) was present.*